



2015 Programs and Services

Health Services

- Nursing Care- Our nurse provided routine nursing care, first aid, foot care and related advice to residents and their families. She recorded **71 home visits** and **698 office visits**.
- Flu Shot Clinic- **41** Residents Served
- Massage Therapy- **59** Massages provided

Support Groups

- Brain Injury Support Group meets weekly, averages 7 attendees.
- Dementia Support Group meets twice a month, averages 8 attendees.
- Parkinson's Support Group meets twice a month, averages 19 attendees.
- Healthy Weight Loss Support meets weekly, averages 4 attendees.

Community Volunteer Services

- Computer Troubleshooters (14) helped **119** households
- Ferrington Friends spent **566 hours** providing companionship to residents
- Handypersons (35) helped **224** households with minor home repairs.
- Transportation Volunteers (98) provided **389** rides to residents.

Education Services

- 20 different programs were attended by over **861** residents.
- Movement classes averaged **22** participants and were held 4 days a week.

Have a question, need help or want to help? Call 919-542-6877

Office Hours- Monday-Friday, 9 a.m. – 1 p.m.

Staff includes Christy Porter, Paula Easton, Pat Skiver and Karen Metzguer

2015 Fearington Cares Financial Summary

Revenue			Expenses		
Contributions	\$	107,295 (26%)	Programs	\$	117,305 (82%)
Grants	\$	34,600 (8%)	Administration	\$	18,592 (13%)
Other	\$	2,412 (2%)	Fund Raising	\$	7,428 (5%)
Bequest	\$	265,548* (64%)			
Total	\$	409,855	Total	\$	135,936

*One time only bequest

Current Board Members

Steve Stewart, President

Judy Wyne, Vice President

David Lindeman, Secretary

Kay White, Treasurer

Matt Alexander

Cathy Burt

Matthew Leavitt

Mimsy Mason

John McDowell

Our mission: Fearington Cares, through its volunteers and staff, exists to provide information, services and activities that foster the health, well-being and independence of the residents of the Fearington Community.