

Helping you live your best life in Fearrington Village



2024 IMPACT REPORT

## Message from our Executive Director

I am proud to share the remarkable progress Fearrington Cares has made in serving our community over the past year.

Thanks to the generosity of our donors, the dedication of our volunteers, staff, and Board, and successful collaborations with partner organizations, we have strengthened connections, expanded programs and services, and enhanced our ability to support healthy aging in Fearrington Village.



Kim Schneider Executive Director kim@fearringtoncares.org

In 2024, our efforts to increase engagement with Fearrington Cares was rewarded with more than doubled program participation, demonstrating the value our community places on wellness, social interactions, and active living. We also had a great turnout for our first Winterfest at The Barn event, which we hope will become a new tradition!

Looking ahead, we are dedicated to making sure that Fearrington Village residents can thrive with support from Fearrington Cares. With your help, we will continue to seek to expand our capacity, programs, and services to meet the Village's evolving needs.

Thank you for being an essential part of this journey. Together, we are creating a healthier, more connected community.



# Supporting Healthy Aging in Fearrington Village

Fearrington Cares exists to help you live your best life, whether you are retired or still working. There is no charge for our programs and services, and we do not receive funding from the FHA or other organizations in Fearrington Village.

Funded through donations, fueled by volunteers!

## Health Services and Resources

- Free Nursing Care, including first aid, blood pressure checks, wound care, consultation, and care coordination
- Routine Foot Care
- Hearing Screening
- Flu Shots
- Medical Equipment Loans
- Transportation
- Minor Home Repairs
- Vendor Lists
- Support Groups: AA, Parkinson's, Caregivers
- Medicare Open
   Enrollment Assistance

## Programs and Activities

- Film Nite
- Community Events
- Game Days/ Nights
- Wreath and Card Making
- Dance Classes
- Yoga and Meditation
- Crafting
- Talk to an Attorney
- Ask a Financial Expert
- Solstice Walk
- Sound Bath Meditation
- Movement, Balance, and Dance Classes
- StoryCorps
- Drumming for Wellness and Connection

### **Our Successes**

In 2024, our commitment to increasing villager engagement with Fearrington Cares was advanced through the addition of many new programs, and resulted in more than doubled program attendance! Here are some additional highlights:

- The introduction of our Healthy Aging Series featured a very successful Health & Technology Fair.
- The addition of two new Movement Classes contributed to a 49% increase in participation—far surpassing our 20% growth goal!
- Our Qigong class grew out of our space and moved to The Gathering Place, with the help of the FHA.
- Several programs exceeded our 100-person Zoom account limit!
- We created numerous opportunities for social connection.



## **Our Numbers**

机	Participant Hours	2504
122	Partner Organizations	6
<b>+</b>	Nurse Visits	229
***	Foot Care Visits	258
×	Home Repairs	235
6	Equipment Loans	179
	Rides to Medical Appointments	297
#	Volunteers Fueling our Mission	182
<b>©</b>	Donors Funding our Mission	533

## **Personal Impact Stories**



Judy Fitzgerald

#### Volunteer

I don't know exactly who thought up Fearrington Cares, but they were a genius! A way for the community to help its residents support each other by volunteering. It gives each of us a way to stay relevant and provide structure to our lives.

Thanks to Fearrington Cares, living here each day is as interesting as we want to make it.



Anne Hummel

#### Donor

It is my privilege and pleasure to donate to Fearrington Cares every year. I cannot say enough good things about Fearrington Care's helpful programs that benefit all residents, regardless of one's age or stage.

I am inspired by the diligence of volunteers who drive fellow-residents to medical appointments, and board volunteers who develop the many programs that allow us to learn something new, to exercise our bodies, to receive support when we are physically or emotionally challenged, and to meet new friends on Film Nites and social events.

Well done, ya'll!

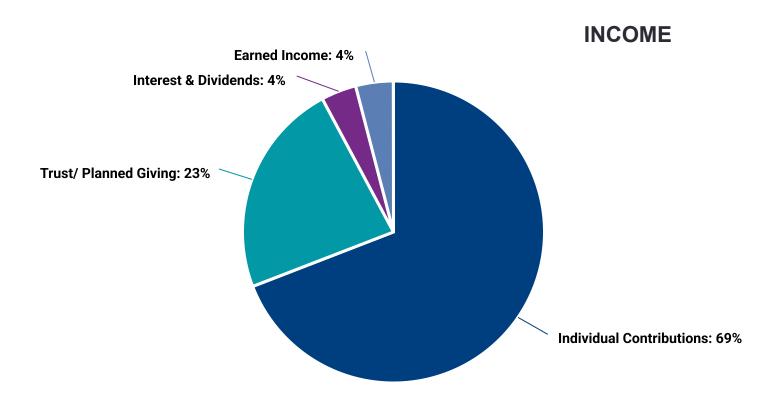


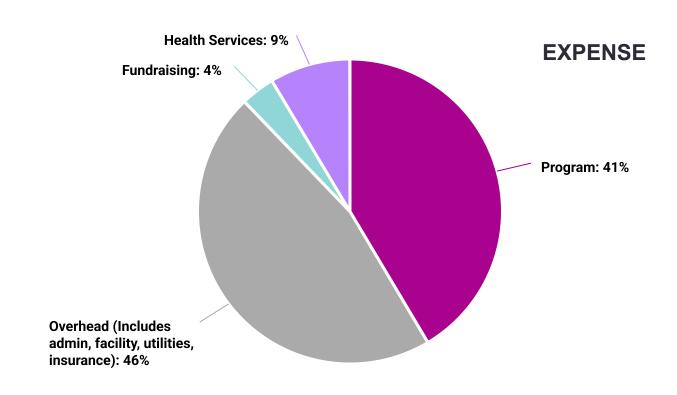
Susan Bone and her Mom. Pat Goetz

#### **Participant**

My participation in Fearrington Cares activities allows me to spend time with my mother doing art projects.

## **Our Financial Resources**





## Be a Fearrington Cares Champion!

Make a recurring monthly contribution as a Fearrington Cares Champion to help expand our programs and services. Our goal is to significantly increase recurring donations in 2025, and your gift will make a big difference.

### What your monthly donation can do

#### \$25 a Month

- Keep our doors open and staff onsite for more hours every week.
- Upgrade our Zoom subscription to allow for more program participants.

#### \$50 a Month

Help improve the functionality and comfort of our multipurpose room (Treehouse).
Possibilities include:

- Blinds
- Audio Fetch
- Sound dampening

#### \$100 a Month

Fund the startup and annual subscription for a software system to enable online:

- Program registration
- Volunteer sign up and scheduling
- Service requests
- ... and much more!!

## **Start Your Recurring Donations Now**



Click here to give, or scan the QR Code above
If you need assistance, call the Fearrington Cares Center at 919-542-6877

## Thank you for your support!

Donations are vital to Fearrington Cares' mission of supporting healthy aging in Fearrington Village. Your contributions enable us to offer our programs and services, helping you live healthier, happier, safer, and more independent lives, and fostering a more connected community.



- Online: Visit https://fearringtoncares.org and click "Donate" button, or scan the QR code above. Become a Fearrington Cares Champion with a recurring donation!
- Check: Mail a check to Fearrington Cares, 2020
   Fearrington Post, Pittsboro, NC, 27312 or stop by the Center at 28 Swim & Croquet.
- Planned Giving: Include Fearrington Cares in your will, trust, or life insurance policy.
- Required Minimum Distribution: Donations made directly from an IRA to Fearrington Cares can be a part or all of an RMD.

Fearrington Cares is registered as a 501(c)(3) non-profit organization; contributions are tax-deductible to the extent permitted by law. Our tax identification number is 56-1702206.

## **Our Leadership**

#### **Board of Directors**

Carl Angel
Donna Costa
Beth Coulombe, President
Ann Filipek
Frank Huisking, Treasurer
Terry Lucas, Vice President
Loretta Muss
Linda Patterson
Gordon Peterson
JoAnn Pitz
Gillian Rogers
Anna Shearer
Diane Wright, Secretary

#### **Mission**

Fearrington Cares is dedicated to supporting the residents of Fearrington Village with programs and services to help them live happier, safer, and more independent lives.

#### **Vision**

Our goal is to become the leading healthy aging community organization of its kind.

#### **Staff**

Kim Schneider, Executive Director Ellen Hoosick, Admin Assistant Jennifer Harris, Admin Coordinator

If you would like to receive our **NEWSLETTER** email us at info@fearringtoncares.org

# Thank you for helping us support healthy aging in Fearrington Village!





9:00am - 1:00pm, Monday-Friday 919-542-6877 28 Swim & Croquet

Email: info@fearringtoncares.org Website: fearringtoncares.org

2020 Fearrington Post Pittsboro, NC 27312